

Literatur

- Auerbach RP, Alonso J, Axinn WG et al.: Mental disorders among college students in the World Health Organization World Mental Health Surveys. *Psychol Med* 2016; 46: 2955–2970.
- Bundesregierung: 22. März 2020: Regeln zum Corona-Virus. <https://www.bundesregierung.de/breg-de/leichte-sprache/22-maerz-2020-regeln-zum-corona-virus-1733310> (zuletzt abgerufen am: 22.01.2021).
- Castañeda-Babarro A, Arbillaga-Etxarri A, Gutiérrez-Santamaría B et al.: Physical Activity Change during COVID-19 Confinement. *Int J Environ Res Public Health* 2020; 17: 6878.
- Castro O, Bennie J, Vergeer I et al.: How sedentary are university students? A systematic review and meta-analysis. *Prev Sci* 2020; 21: 332–343.
- Eisenegger, M: Hauptbefunde – die Schweizer Medienöffentlichkeit im Bann der Corona-Krise. In: fög – Forschungszentrum Öffentlichkeit und Gesellschaft, Hrsg.: Qualität der Medien. Basel: Schwabe Verlag, 2020, S. 9–28.
- Ekelund U, Tarp J, Steene-Johannessen J et al.: Dose-response associations between accelerometry measured physical activity and sedentary time and all cause mortality: systematic review and harmonised meta-analysis. *BMJ* 2019; 366: I4570.
- Entringer TM, Kröger H, Schupp J et al.: Psychische Krise durch Covid-19? Sorgen sinken, Einsamkeit steigt, Lebenszufriedenheit bleibt stabil, 2020.
- Essadek A, Rabeyron T: Mental health of French students during the Covid-19 pandemic. *J Affect Disord* 2020; 277: 392–393.
- Gallè F, Sabella EA, Ferracuti S et al.: Sedentary behaviors and physical activity of Italian undergraduate students during lockdown at the time of CoVid-19 pandemic. *Int J Environ Res Public Health* 2020; 17: 6171.
- Gallo LA, Gallo TF, Young SL et al.: The impact of isolation measures due to COVID-19 on energy intake and physical activity levels in Australian University Students. *Nutrients* 2020; 12: 1865.
- Grobe T, Steinmann S, Szecsenyi J: BARMER Arztreport 2018. Siegburg, 2018.
- Hall G, Laddu DR, Phillips SA et al.: A tale of two pandemics: How will COVID-19 and global trends in physical inactivity and sedentary behavior affect one another? *Prog Cardiovasc Dis* (in Druck).
- Kerres M: Against all odds: education in Germany coping with Covid-19. *Postdigit Sci Educ* 2020; 2: 690–694.
- Maertl T, Bock F de, Huebl L et al.: Physical activity during COVID-19 in German adults: Analyses in the COVID-19 Snapshot Monitoring Study (COSMO). *Int J Environ Res Public Health* 2021; 18: 507.
- Reichel JL, Rigotti T, Tibubos AN et al.: Challenge accepted! A critical reflection on how to perform a health survey among University students – An example of the Healthy Campus Mainz Project. *Front in Public Health* (in Begutachtung).
- Romero-Blanco C, Rodríguez-Almagro J, Onieva-Zafra MD et al.: Physical activity and sedentary lifestyle in University students: Changes during confinement due to the COVID-19 pandemic. *Int J Environ Res Public Health* 2020; 17: 6567.
- Rüegg R, Eggli A: COVID-19-Studierendenbefragung: Bericht der Berner Fachhochschule zur International COVID-19 Student Well-being Study 2020. https://www.knoten-maschen.ch/wp-content/uploads/2020/12/1299_Abschlussbericht_COVID-19_Studierendenbefragung.pdf (zuletzt abgerufen am: 22.01.2021).
- Schäfer M, Stark, B, Werner AM et al.: Health information seeking among University students before and during the Corona crisis – findings from Germany. *Front Public Health* 2021; 8: 616603.
- Statistisches Bundesamt: Anzahl der Studierenden an Hochschulen in Deutschland in den Wintersemestern von 2002/2003 bis 2020/2021. <https://de.statista.com/statistik/daten/studie/221/umfrage/anzahl-der-studenten-an-deutschen-hochschulen/> (zuletzt abgerufen am: 22.01.2021).
- Wang X, Hegde S, Son C, Keller B, Smith A, Sasangohar F: Investigating mental health of US College students during the COVID-19 pandemic: cross-sectional survey study. *J Med Internet Res* 2020; 22: e22817.
- Wang X, Li Y, Fan H: The associations between screen time-based sedentary behavior and depression: a systematic review and meta-analysis. *BMC Public Health* 2019; 19: 1524.
- Weltgesundheitsorganisation: Pandemie der Coronavirus-Krankheit (COVID-19). <https://www.euro.who.int/de/health-topics/health-emergencies/coronavirus-covid-19/novel-coronavirus-2019-ncov> (zuletzt abgerufen am: 22.01.2021).